

Gordon Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00-06:45	Reformer Pilates	Barre	Boxing	Reformer Pilates	Pilates Circuit		
07:00-07:45	Reformer Pilates	Pilates Circuit	Reformer Pilates	Pilates Circuit	Reformer Pilates	Boxing	Reformer Pilates
08:00-08:45	Pilates Circuit	Reformer Pilates	Reformer Pilates	Reformer Pilates	Reformer Pilates	Reformer Pilates	Pilates Circuit
09:00-09:45						Pilates Circuit	Reformer Pilates
09:30-10:15			Reformer Pilates		Pilates Circuit (with Bubs)	Reformer Pilates	
12:00-12:45	Reformer Pilates	Reformer Pilates	Hot Power Yoga	Reformer Pilates	Pilates Circuit		
01:00-01:45	Pilates Circuit (with Bubs)	Pilates Circuit (with Bubs)	Reformer Pilates	Reformer Pilates	Reformer Pilates		
16:30-17:15					Reformer Pilates		
17:30-18:15	Pilates Circuit	Reformer Pilates	Reformer Pilates	Reformer Pilates	Reformer Pilates		
18:30-19:15	Reformer Pilates	Reformer Pilates	Reformer Pilates	Reformer Pilates			
19:30-20:15	Hot Power Yoga	Boxing	Reformer Pilates				