



Scheduling and Roster Policy

We are a small studio and only have limited spots available. We are constantly trying to flex our roster to meet client needs. We try to offer classes to clients in the morning, lunch and evening. That way you have access to classes that are convenient for you.

We aim to offer a variety of classes, be it different instructors, times and class types to cater to client preferences.

Our roster will always provide clients with classes in the morning, lunch and evenings (M-F) but class times and class types are subject to change. The roster changes regularly generally because of client demand and instructor availability.

If you have any questions or suggestions, you're welcome to contact your relevant studio

gordon@flowwellstudio.com

hornsby@flowwellstudio.com

Thank you for your understanding

Your Flow Well Team